

Brooke
Callahan
Warner
Ensemble

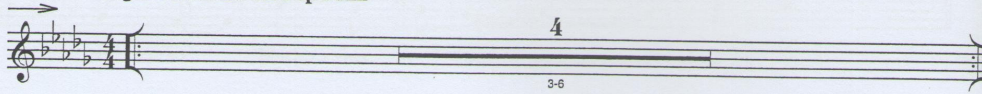
WHIPPED INTO SHAPE

12

BROOKE: "Hi! I'm Brooke Wyndham.
Welcome back to the Wyndham Workout
Disc 2 Challenge -- and our commitment
to being the best you can be!"
MINIONS: "YEAH!"

BROOKE: "So grab your CardioWhyp 5000...'
Cause if you want to get ripped?
You've gotta get whyped!"

Big Fat Commercial Pop Funk



7 **BROOKE:**

Do you want an ea - sy mi - ra - cle? — do you wan - na lose a pound or two? Then

9 10 11
you can turn this off right now: my work-out's not for you. I'm talk-in' to the wom-an who wants it all:— Got-ta

12 13 14
pay for what you get.— These size 2 clothes don't come to those too la-zy to sweat! I want you -

15 (BROOKE)

Whipped In - to Shape! When I say "Jump" say "How high?" You know you're -

CHORUS:
Whipped In - to Shape! Say "How high?"

do - in' it right When you start To— cry! If you don't Look like you should, You got to -

do - in' it right To— cry! Look like you should,

WHIP it! WHIP it! Whip it good! I'm sor-ry, la-dies, no es-capel... Till you're WHIPPED IN-TO SHAPE!

sub. p WHIP it! WHIP it! Whip it good! Ah, no es - ca-apel *f* WHIPPED IN-TO SHAPE!

sub. p WHIP it! WHIP it! Whip it good! Ah, no es - ca-apel *f* WHIPPED IN-TO SHAPE!

#12 - Whipped Into Shape

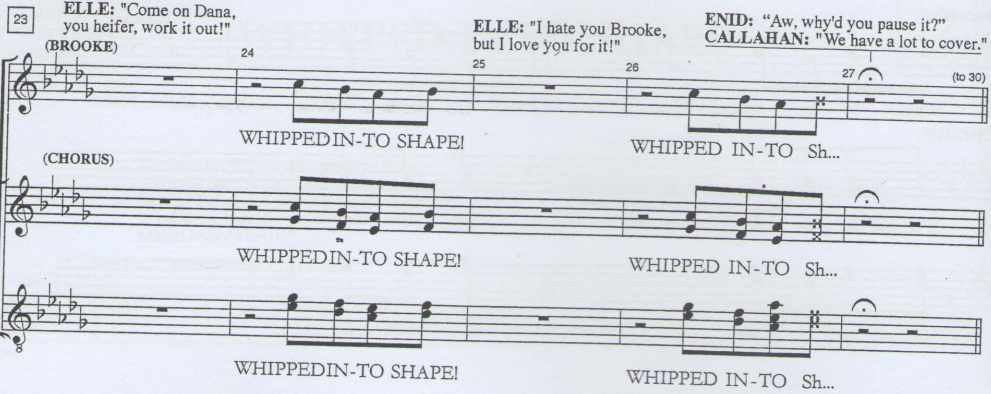
"Back Jumps"

23 ELLE: "Come on Dana, you heifer, work it out!" (BROOKE) 24 WHIPPEDIN-TO SHAPE!

25 ELLE: "I hate you Brooke, but I love you for it!" 26 WHIPPED IN-TO Sh...

27 END: "Aw, why'd you pause it?" CALLAHAN: "We have a lot to cover." (to 30) WHIPPED IN-TO Sh...

(CHORUS) WHIPPEDIN-TO SHAPE! WHIPPED IN-TO Sh... WHIPPEDIN-TO SHAPE! WHIPPED IN-TO Sh...



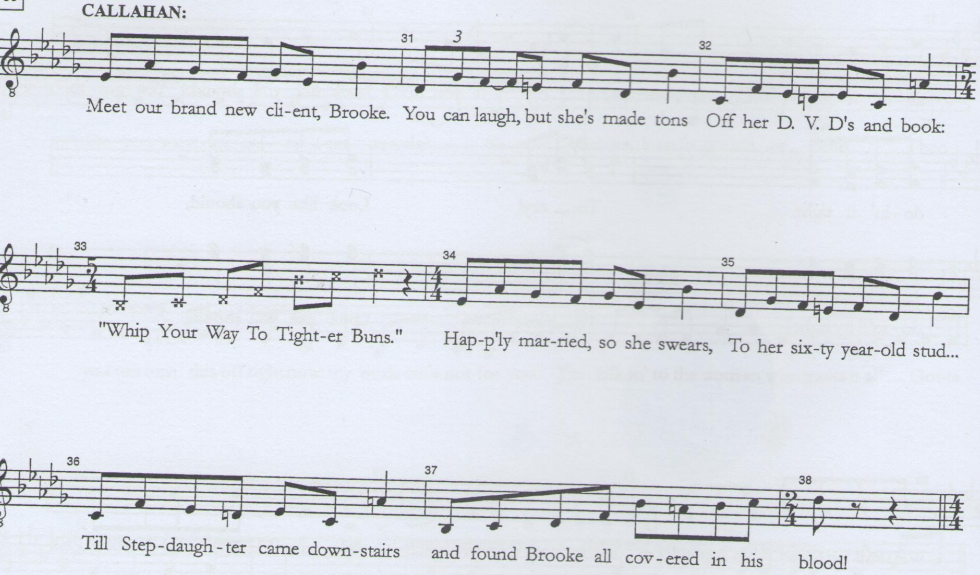
Chamber-music feel

30 CALLAHAN:
Meet our brand new cli-ent, Brooke. You can laugh, but she's made tons Off her D. V. D's and book:

31 3 32

33 "Whip Your Way To Tight-er Buns." 34 Hap-p'ly mar-ried, so she swears, To her six-ty year-old stud... 35

36 Till Step-daugh-ter came down-stairs and found Brooke all cov-ered in his blood! 37 38



39 (CALLAHAN)

If Brooke took a plea,— I'd have her out in three to four, But she

40 41 42 43

WARNER: Rock feel BROOKE:

Did she? But it's

(CALLAHAN)

claims she did not kill him... ..Let's watch some more.

44 Big Fat Commercial Pop Funk

more than just a work-out, it's a de - fen-sive wea-pon too: Sim-ply wrap it 'round your as-sail-ant's neck then

45 46

CHORUS:

Uhh!

47 48 49

pull 'til he turns blue. You can al-so use the pa-ten-ted han-dle gripsto shat-ter your at-tack-er's spine...And

Huh! Unh!

(BROOKE)

50 51

all for three small pay - ments of NINE - TEEN NINE - TY NINE! You'll have him

GIRLS:

NINE TEEN NINE TY NINE!

GUYS:

NINE TEEN NINE - TY NINE!

#12 - Whipped Into Shape

52 (BROOKE)

Whipped In-to Shape! When you get grief from a guy, Just-work him o-ver with this 'til he starts

(CHORUS)

Whipped In-to Shape! From a guy! O-ver with this!

Whipped In-to Shape! From a guy! O-ver with this!

55

to— cry! If he don't act like he should, You got to WHIP it! WHIP it! WHIP it good! It

To— cry! Act like he should! WHIP it! WHIP it! WHIP it good!

To— cry! Act like he should! WHIP it! WHIP it! WHIP it good!

58

gets you out of an - y scrape,— AND gets you WHIPPED IN - TO SHAPE!

sub. p Ah, an - y scra - ape! *f* WHIPPED IN TO SHAPE!

sub. p Ah, an - y scra - ape! *f* WHIPPED IN TO SHAPE!

#12 - Whipped Into Shape

60 BROOKE: "What does not kill us, makes us hotter!"
(BROOKE)

61 WHIPPED IN - TO SHAPE! W...

(CHORUS)

62 WHIPPED IN - TO SHAPE! W...

63 WHIPPED IN - TO SHAPE! W...

64 Chamber-music feel

CALLAHAN: "Hands: Who thinks she's guilty?...
(Interns raise their hands, except for Elle, whose hand was already up and who drops hers.)

2

64-65

...OK. Now,"

66 CALLAHAN:

67 Here is where you kids come in: Brooke has trou-ble trust-ing me. I'm her on-ly chance to win,

68

69 But I don't speak M. T. V. Though Brooke won't help her own de-fense, She may lis-ten to her peers.

70

71

(ELLE raises her hand)
(to ELLE)

72 Go and place a lit-tle sense In the space be-tween her ears. Not now. I want her

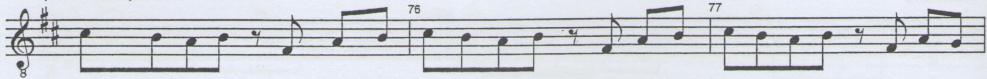
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74

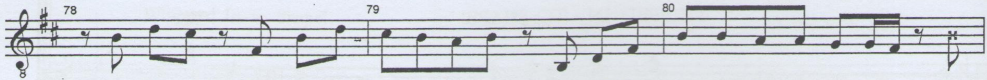
#12 - Whipped Into Shape

75

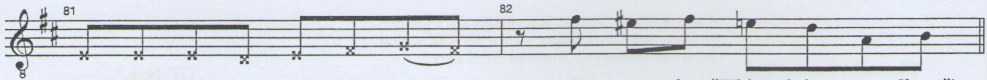
(CALLAHAN)



Whipped In - to Shape. If there's a brain in that hair, Tell it that I am the key. It's a plea



Or the chair. See, when I talk to her I get nei-ther plea nor plan nor a - li - bi. To



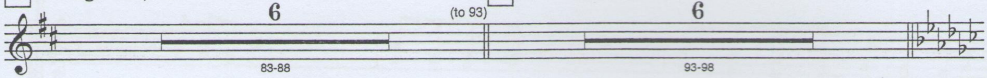
quote from our de - fen - dant's tape:— I want her "Whipped in - to Shape"!

CALLAHAN: "To the jail!"
CALLAHAN (O.S.): "Enid!"

BROOKE: "Ladies, just because we're in the Boston Women's Correctional Facility doesn't mean we can't become the best we can be."

83

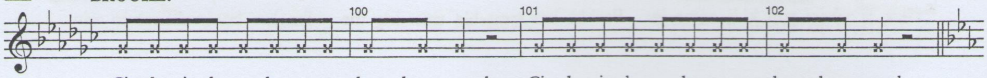
Slight lift, back to rock feel



"Brooke starts dancing"

99

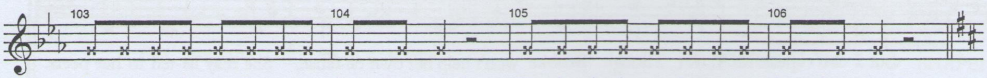
BROOKE:



Cir-cle, cir-cle, un-der, o-ver, through, a-round. Cir-cle, cir-cle, un-der, o-ver, through a-round.

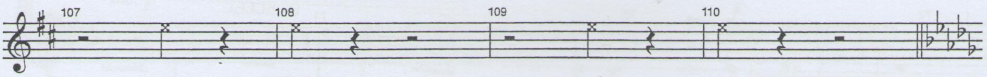
"Third 8's"

BROOKE: "You're not breaking out, so might as well break a sweat!"



Cir-cle, cir-cle, un-der, o-ver, through a-round. Cir-cle, cir-cle, un-der, o-ver, through a-round.

"Kicks"



Left! Right! Left! Right!

#12 - Whipped Into Shape

"Final Kicks and Slowdown"

(BROOKE) Rall. Slower

111 112 113 114

Left! Right! Left! Right! Left! Right! I want you

GIRLS:

Left! Right! Left! Right! Left! Right! I want you

GUYS:

Left! Right! Left! Right! Left! Right! I want you

"Trenches!"
(Pesante)

115 116 117

Whipped In - to Shape! When I say "Jump" say "How high?" You'll know you're do-ing it right When you start

Whipped In - to Shape! When I say "Jump" say "How high?" You'll know you're do-ing it right When you start

Whipped In - to Shape! When I say "Jump" say "How high?" You'll know you're do-ing it right When you start

Faster here

118 119 120

To— cry! You got to... Like

To— cry! If you don't look like you should, Whip it, Whip it, Whip it good!

To— cry! If you don't look like you should, Whip it, Whip it, Whip it good!

(BROOKE)
121
pri - son, la - dies, no es - capel. — 122 Till you're Whipped In - to Shape! —

(CHORUS)
Huah! Whipped In - to Shape! *f*

Huah! Whipped In - to Shape! *f*

"Boxing"

123 Big Funk Rock - Brighter 4

124 Whipped In - to Shape! 125 126

Whip it! Whip it! Whip it! Whip it!

Whip it! Whip it! Whip it! Whip it!

"Shaft"!

BROOKE:

127 128 129 130

Swipe it swipe it swipe it through, Jack it up, Dou-ble jump!

GIRLS & GUYS:

Swipe it swipe it swipe it through, Jack it up, Dou-ble jump!

BROOKE (ad lib):
"That's right! You've got it!"

BROOKE:



Whip it, Whip it, Whip it, Get WHIPPED IN - TO SHAPE!

GIRLS:



Whip it, Whip it, Whip it, Get WHIPPED IN - TO SHAPE!

GUYS:



Whip it, Whip it, Whip it, Get WHIPPED IN - TO SHAPE!